

Survey on Study Habit of High School Students

The National Institution for Youth Education is conducting this survey on Study Habit of High School Students in several countries, including the United States, Japan, China and Korea.

The goal of this survey is to utilize the findings from the survey for future education.

Instructions for answering the survey

- (1) All answers are completely anonymous. **DO NOT SIGN YOUR NAME ON THIS QUESTIONNAIRE.**
- (2) Please answer every question yourself.
- (3) There is no right or wrong answer to any question. Just **CIRCLE THE ANSWER** or **WRITE THE NUMBER** that best describes your opinion or situation.
- (4) Each question indicates the number of circles needed. Please follow the instructions.
- (5) Based on your answer, you may be instructed to skip some questions. Please follow the instructions.
- (6) When you choose "Other" with parentheses, please specify your answer in it. (Please do not add answers unless parentheses are provided.)

Thank you very much in advance for your participation.

Question 1 Are you male or female?

1. Male 2. Female

Question 2 What grade are you in?

1. 10th 2. 11th 3. 12th

Question 3 Which would you prefer, Liberal arts or Math and Science?

1. Liberal arts (literature, social sciences, languages, history, philosophy, etc.)
2. Math and Science
3. I don't have any preference.

Question 4 What type of classes do you have at your school? Please circle ONE that applies for each line.

| | Most of the classes | More than half of the classes | Less than half of the classes | Rarely |
|---|---------------------|-------------------------------|-------------------------------|--------|
| a. Classes that have students memorize contents of text books. | 1 | 2 | 3 | 4 |
| b. Students form groups and give themselves assignments. The students must think and research with the group. | 1 | 2 | 3 | 4 |
| c. Classes that require an individual student to research, create report and make a presentation. | 1 | 2 | 3 | 4 |
| d. Classes that use books besides textbooks or various educational materials such as models or actual things. | 1 | 2 | 3 | 4 |

Statements continue on the next page

| | Most of the classes | More than half of the classes | Less than half of the classes | Rarely |
|--|---------------------|-------------------------------|-------------------------------|--------|
| e. Classes that utilize tablet, electric whiteboard, projector, DVD player, presentation software such as Power Point. | 1 | 2 | 3 | 4 |
| f. Classes in which students are encouraged to speak out. | 1 | 2 | 3 | 4 |
| g. Classes that value field trips and experiences outside of the school. | 1 | 2 | 3 | 4 |
| h. Classes that use workbooks and have students practice answering many questions. | 1 | 2 | 3 | 4 |

Question 5 Are you enjoying school? Please circle ONE that applies.

1. Very much 2 Somewhat 3. Not so much 4. Not at all

Question 6 How good are you with the following skills. Please circle ONE that applies for each line.

| | Good at it | Somewhat good at it | Not so good at it | Not good at it at all |
|---|------------|---------------------|-------------------|-----------------------|
| a. Memorizing | 1 | 2 | 3 | 4 |
| b. Solving computational math problems | 1 | 2 | 3 | 4 |
| c. Reading comprehension | 1 | 2 | 3 | 4 |
| d. Writing | 1 | 2 | 3 | 4 |
| e. Understanding what graphs and tables indicate. | 1 | 2 | 3 | 4 |
| f. Thinking about world events. | 1 | 2 | 3 | 4 |
| g. Expressing my opinions or asking questions after a presentation. | 1 | 2 | 3 | 4 |
| h. Making or experimenting with something. | 1 | 2 | 3 | 4 |

Question 7 The following are questions about your study habits. Please circle ONE that applies for each line.

| | Often | Sometimes | Seldom | Never |
|---|-------|-----------|--------|-------|
| a. I take notes properly during class. | 1 | 2 | 3 | 4 |
| b. I take naps during class. | 1 | 2 | 3 | 4 |
| c. I look at my cellphone or send text messages during class. | 1 | 2 | 3 | 4 |
| d. I read books other than textbook. | 1 | 2 | 3 | 4 |
| e. I space out during class. | 1 | 2 | 3 | 4 |
| f. I am outspoken during class. | 1 | 2 | 3 | 4 |
| g. I focus well on what the teacher is saying. | 1 | 2 | 3 | 4 |

Statements continue on the next page

| | Often | Sometimes | Seldom | Never |
|---|-------|-----------|--------|-------|
| h. I proactively participate in group work. | 1 | 2 | 3 | 4 |
| i. I finish homework on time. | 1 | 2 | 3 | 4 |
| j. I prepare for classes beforehand and review what I've learned. | 1 | 2 | 3 | 4 |
| k. I proactively study without being told at home. | 1 | 2 | 3 | 4 |
| l. I study while watching TV or listening music at home. | 1 | 2 | 3 | 4 |
| m. I study while using smart phone or cellphone at home. | 1 | 2 | 3 | 4 |

Question 8 The following are questions about your study habits. What type of study habits do you have? Please circle ALL that apply.

1. I study diligently every day.
2. I study at the last minute before tests.
3. I use workbooks and answer many questions.
4. I read many different reference books.
5. I study by following the teacher's instructions.
6. I try to use different methods from what I learned at school to solve problems.
7. I try to memorize as much as possible.
8. I try to think on my own instead of counting on others.
9. I organize what I've learned.
10. I try to apply what I've learned.
11. I ask many questions and research answers.
12. The methods and processes of solving problems are not important as long as you get the right results.

Question 9 What would you do when you don't understand what you are learning in class? Please circle ALL that apply.

1. Ask my teachers at school
2. Ask tutors at a private tutoring school
3. Ask my friends
4. Ask my family
5. Research from reference books on my own
6. Research online
7. Leave it
8. Other ()

Question 10 How much do you like to study? Please circle ONE that applies.

1. I like it very much
2. I like it somewhat
3. I don't like it much
4. I don't like it at all

Question 11 How much time do you spend doing homework on weekdays? Please circle ONE that applies.

1. I don't study.
2. Up to 30 minutes
3. More than 30 min. but less than 1 hour
4. More than 1 hour but less than 2 hours.
5. More than 2 hours but less than 3 hours
6. More than 3 hours but less than 4 hours.
7. More than 4 hours.

Question 12 How much time do you spend studying outside of school other than doing homework on weekdays? (Include private tutoring school) Please circle ONE that applies.

1. I don't study.
2. Up to 30 minutes
3. More than 30 min. but less than 1 hour
4. More than 1 hour but less than 2 hours
5. More than 2 hours but less than 3 hours
6. More than 3 hours but less than 4 hours.
7. More than 4 hours.

Question 13 What do you think is important when you study or when you are at school? Please circle ONE for each line.

| | Very important | Somewhat important | Not so important | Not important at all |
|--|----------------|--------------------|------------------|----------------------|
| a. To follow the teachers' instructions and study hard. | 1 | 2 | 3 | 4 |
| b. To focus on subjects required by a college you want to go to. | 1 | 2 | 3 | 4 |
| c. To find what you are good at and develop the skill. | 1 | 2 | 3 | 4 |
| d. To focus on extracurricular activities. | 1 | 2 | 3 | 4 |
| e. To be a class leader. | 1 | 2 | 3 | 4 |
| f. To make best friends. | 1 | 2 | 3 | 4 |
| g. To have a romantic relationship. | 1 | 2 | 3 | 4 |
| h. To respect teachers. | 1 | 2 | 3 | 4 |
| i. To have critical thinking and good judgement. | 1 | 2 | 3 | 4 |
| j. To keep acquiring new knowledge. | 1 | 2 | 3 | 4 |
| k. To study hard now for my future | 1 | 2 | 3 | 4 |
| l. To apply what I learned to the real world. | 1 | 2 | 3 | 4 |
| m. To study proactively. | 1 | 2 | 3 | 4 |

Question 14 How much pressure do you feel while studying? Please circle ONE that applies.

1. A lot of pressure.
2. Some degree of pressure
3. Not much pressure
4. I don't feel pressure at all.

Question 14-1 (If you circled 1 or 2), what do you think the reasons are?

Please circle ALL that apply.

- | | |
|---------------------------------|--------------------------------|
| 1. Employment situation | 2. Expectation from my parents |
| 3. Expectation from my teachers | 4. Competition with my friends |
| 5. My standards are too high | 6. My family situation |
| 7. The subject is too difficult | 8. Other () |

Question 15 Have you ever felt or experienced the following effects caused by studying? Please circle ALL that apply.

1. I can't sleep.
2. I feel depressed.
3. I feel irritated.
4. I feel inferior.
5. I want to be absent from school.
6. I want to quit school.
7. I want to skip class.
8. I want to destroy things.
9. I want to blame someone or scream.
10. I despair in my life.
11. Other
12. I have never felt or experienced any of the above.

Question 16 How often do you do the following activities? Please circle ONE on each line.

| | Often | Sometimes | Seldom | Rarely |
|--|-------|-----------|--------|--------|
| a. Using writing software like Word. | 1 | 2 | 3 | 4 |
| b. Using spreadsheet software like Excel. | 1 | 2 | 3 | 4 |
| c. Using presentation software like Power Point. | 1 | 2 | 3 | 4 |
| d. Creating and updating my blog site or website. | 1 | 2 | 3 | 4 |
| e. Creating a simple computer program. | 1 | 2 | 3 | 4 |
| f. Use the internet to research and collect information and data for study. | 1 | 2 | 3 | 4 |
| g. Using the internet for news and current events. | 1 | 2 | 3 | 4 |
| h. Studying by using software and apps. | 1 | 2 | 3 | 4 |
| i. Asking teachers and friends about what you didn't understand through email, texting and chat. | 1 | 2 | 3 | 4 |
| j. Watching educational videos such as online class lectures. | 1 | 2 | 3 | 4 |
| k. Answering questions in workbooks or test prep on internet | 1 | 2 | 3 | 4 |
| l. Sending questions to question answering sites, such as Yahoo Answers, what you don't know. | 1 | 2 | 3 | 4 |

Question 17 Have you felt or done the following when studying on the internet? Please circle ONE on each line.

| | Often | Sometimes | Never | I don't use internet |
|---|-------|-----------|-------|----------------------|
| a. I cannot search and find information I need. | 1 | 2 | 3 | 4 |
| b. When I use the internet, I focus on information that is unrelated to what I am studying. | 1 | 2 | 3 | 4 |
| c. There is too much information online and I don't know which one to choose. | 1 | 2 | 3 | 4 |
| d. I use information I find online on my essays and reports without putting it into my own words. | 1 | 2 | 3 | 4 |
| e. I don't know if I can trust information found online. | 1 | 2 | 3 | 4 |
| f. I don't know how to use the internet to study. | 1 | 2 | 3 | 4 |

Question 18. Do you think using the internet is an effective way to study? Please circle ONE that applies.

1. Very effective
2. Somewhat effective
3. Not so effective
4. Not effective at all
5. I have never studied using the internet.

Question 19 How far do you want to go with your education? Please circle ONE that applies.

1. Graduate High school
2. Graduate from a vocational or special training school
3. 2 year community college or junior college (Associate degree, e.g. AS, AA)
4. 4 year college or university (Bachelor's degree, e.g. BA, BS)
5. Master's degree (MA degree)
6. Doctorate degree (PhD degree)
7. I don't care about an educational background.
8. I haven't thought about it yet.

Question 20 Have you decided what you want to be in the future? Please circle ONE that applies.

1. Somewhat decided
2. Not decided at all
3. Haven't thought about it

Question 21 The following statements are life goals that people often have. What are your life goals? Please circle only ONE that is closest to your thoughts on each line.

| | Strongly agree | Somewhat agree | Somewhat disagree | Disagree |
|---|----------------|----------------|-------------------|----------|
| a. To get into a well-known university. | 1 | 2 | 3 | 4 |
| b. To be of a high social standing. | 1 | 2 | 3 | 4 |
| c. To be financially wealthy. | 1 | 2 | 3 | 4 |
| d. To build a happy family. | 1 | 2 | 3 | 4 |
| e. To make a living doing what I love. | 1 | 2 | 3 | 4 |
| f. To have a laid-back, stress free life. | 1 | 2 | 3 | 4 |
| g. To be useful to society. | 1 | 2 | 3 | 4 |
| h. To have a stable job. | 1 | 2 | 3 | 4 |
| i. To be a leader. | 1 | 2 | 3 | 4 |
| j. To have professional special skills or licenses. | 1 | 2 | 3 | 4 |

Question 22 What is your scholastic standing in general for your grade? Please circle ONE that applies.

1. Top
2. Above average
3. Average
4. Below average
- 5 Bottom

Question 23 Are you satisfied with your grades? Please circle ONE that applies.

1. Very much satisfied
2. Somewhat satisfied
3. Not so satisfied
4. Not at all satisfied

Question 24 Would you study harder to get good grades? Please circle ONE that applies.

1. I would like to study harder to get better grades than what I have now.
2. I would like to have better grades but I don't want to study harder.
3. I don't care about getting good grades.

Question 25 Have you done any of the following activities in the past year?
 Do you like the activities? Please circle ONE on each section.

| | I have done it in the past year | | I like the activity | | |
|--|---------------------------------|---------|---------------------|---------|-----------------|
| | Yes 1 | No 2 | Yes 1 | No 2 | No opinion 3 |
| (Example) Played soccer | 1 | 2 | 1 | 2 | 3 |
| a. Had various experiences in nature, such as mountain climbing, camping, river rafting or ocean sports? | 1 | 2 | 1 | 2 | 3 |
| b. Stayed at a camp site or training camp with a group for more than one night. | 1 | 2 | 1 | 2 | 3 |
| c. Volunteer activities. | 1 | 2 | 1 | 2 | 3 |
| d. Worked at a farm, forestry or commercial fishing site. | 1 | 2 | 1 | 2 | 3 |
| e. Had work experience at stores or companies. | 1 | 2 | 1 | 2 | 3 |
| f. Engage in science or new technologies. | 1 | 2 | 1 | 2 | 3 |

Thank you very much for your cooperation!